

MOM TO MOM GROUP

Looking to Resurrection



As we look forward to Holy Week, we also look forward to Jesus' promise of resurrection. Like Martha who

comes to greet Jesus at His arrival at Lazarus' tomb. She says to Him: " Even now I know that whatever you ask of God, God will give you". She professes, "I have come to believe that you are the Messiah, the Son of God, the one who is coming into the world".

The devastation of loss gives Martha a choice of giving into despair, or she can cling more closely to Christ, the Resurrection and the Life. Martha moves us to set greater hopes

and trust into Jesus. As the Lord declares : "Whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die" (Jn 11:25-26).

As we continue our Lenten journey dealing with our own little daily experiences of dying to self that come our way, no matter how much evil tries to pursue us, let us in faith remember Martha's confidence and trust, that in the darkness we will wait to hear His voice: "Lazarus, come out!"

Holy Week

Palm Sunday takes us into Holy Week. The Palms we receive are blessed during mass, so we can take them home for protection, the following year we bring them back to the church during Lent where they will keep a few for burning as to make ashes for the following year for Ash Wednesday. The palms, which symbolize triumph, and the ashes, which

symbolize death and penitence, forming a symbolic connection between suffering and victory.

Maundy Thursday follows this week where we commemorate the Last Supper and the initiation of the Eucharist. It is the first of the three days known as the "Triduum," and until the Vigil of Easter, a more somber attitude prevails.

Good Friday is the most somber day of the year, as the Temple of the Body of Christ is destroyed.

On **Holy Saturday** Christ descends into 'Limbo' and frees the captive souls of their torment. Which no longer exists through His Passion, Resurrection and Ascension.

UPCOMING HOLIDAYS:

- ◆ Palm Sunday (13. April)
- ◆ Maundy Thursday (17. April)
- ◆ Good Friday (18. April)
- ◆ Holy Saturday (19. April)
- ◆ Easter Sunday (20. April)

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On **Easter Sunday** the Temple of Christ's Body is restored; He is risen, alleluia! This is the holiest day of the entire year.

Natural Easter Egg Dyes

Materials:

- ◆ Boiled eggs
- ◆ Metal pot
- ◆ White vinegar
- ◆ Natural colorants of choice

1. Gently wash eggs with soapy water and dry. 2. Place a single layer of eggs in a non-metal pot with the dye. 3. Add 2 tablespoons vinegar to 1 quart water. Bring to a boil, reduce to a simmer for 15-20 minutes, and remove pot from burner. If you like the color as it is, dab off excess dye with a paper towel and set the eggs on a rack to dry. To deepen the color, leave eggs in the pot until cool. To get even richer shades, put cool eggs in a bowl, strain the dye water, and pour it over the eggs.

Store the submerged eggs in the fridge for a few hours or overnight.

For different colors try:
 coffee - for a brown color
 blueberries—for lavender
 yellow onion—for sienna
 beet juice –for deep pink
 paprika—for brick red
 turmeric—for yellow-green
 grape juice –for blue-gray
 red cabbage –for robins
 egg blue

There are lots of different possibilities and variations on dying and decorating

Easter eggs. Naturally dyed Easter eggs are not shiny but you can add shine to them after they are dried with a little bit of vegetable oil rubbed on to it.

Beautiful eggs!



Responsory for Easter Sunday from the Roman Rite, also used for Easter devotions commemorating the Resurrection of Christ

Hymn of the Month

When the Sabbath was past,
 Mary Magdalene (the mother) of James,
 and Salome brought spices, that coming,
 they might anoint Jesus, alleluia, alleluia.

Verse: And very early in the morning,
 on the first day of the week,
 they come to the sepulcher,
 the sun having now risen.

Repeat: That coming, they might anoint
 Jesus, alleluia, alleluia.

Verse: Glory be to the Father, and the
 Son, and to the Holy Spirit.

Repeat: That coming, they might anoint
 Jesus, alleluia, alleluia.

For more information contact the Cathedral Office or Maggie Kaska at 603.203.8300

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Next Months Topic

Our topic for the month of May will be:
“School Meeting - Educational Options for Catholic Families”

Upcoming Events

- Our Moms Night Out - Potluck at Michelle’s is on Tuesday the 22nd of April at 6:30pm. I will be sending out an e-mail regarding foods.
- Our next Moms Craft Group will meet on the 25th of April at 7pm at Barnes & Noble